

## HELPING NEW FARMERS SUCCEED

The Portland Growers Alliance is a new social enterprise helping beginning farmers to market and distribute fresh produce. We are a collaborative effort between Mercy Corps Northwest's refugee agriculture project and Grow Portland, a new grassroots urban agriculture organization.



### Our goals and values:

- \*Build the local food economy
- \*Promote ecological growing practices
- \*Utilize vacant urban land for productive use
- \*Harness the skills and potential of refugees and beginning farmers

**Flavor • Health • Community**

## OUR GROWING PRACTICES

We use only natural and organic growing practices. This means that we use no synthetic or harmful pesticides, herbicides or fungicides. We use compost and cover crops to build the soil. Using natural practices enhances flavor, the environment and our health.



## REFUGEE and BEGINNING FARMERS

Around 1000 refugees are resettled to Portland each year from all over the world including Africa, Asia and the former Soviet Union. Many have limited business education, but come with some growing experience along with the desire to learn and work hard. Mercy Corps Northwest provides the land, supplies, and training they need. We also assist beginning American farmers to market their products with our Lead Grower Program.

**By joining the Growers Alliance CSA, you share the harvest of these farmers. You cultivate the potential of the local food economy while enjoying delicious produce and increased knowledge of its uses.**

## 2011 CSA

# Portland Growers Alliance



**Receive a box of fresh produce every week...**

- Assist new and refugee farmers
- Support locally grown food
- Share the harvest!



**GROWPORTLAND**

## CSA DETAILS

- **Full-season share: 28 weeks**●
- **Half-season share: 14 weeks**●

### Box Options:

- Choose our **full share option** to receive a weekly box with 10-15 vegetable varieties, enough to provide for 4 people. *Consider splitting a full share with friends or co-workers!*
- Choose our **half share option** to receive a slightly smaller weekly box with 8-10 vegetable varieties, enough to provide for 2-3 people.

### Crops Include:

*Tomatoes, cucumbers, carrots, lettuce, beets, green beans, broccoli, onions, garlic, squash, herbs, and much more!*  
*See website for full crop list.*

*Our boxes also include spray-free berries and sweet corn from our land sponsor, Thompson Farms.*

### Dates:

- **Entire Season:** Week of **May 23-Nov. 28**
- **Summer Only:** Week of **May 23-Aug. 22**
- **Fall Only:** Week of **Aug. 29-Nov. 28**

### Box Pick-up Options:

- **MONDAY at Mercy Corps NW** (43 SW Naito Pkwy) in Old Town Portland, from 4:30-6 PM.
- **THURSDAYS at the Warehouse Café** (3434 SE Milwaukie Ave) in the Brooklyn neighborhood, from 4:30-6 PM.

**For more information, contact:**  
**David Beller (503-896-5076)**

## What is community supported agriculture?

Farmers offer customers a share of the harvest at the start of the season. Members pay upfront and receive a weekly box of fresh vegetables.

### **Benefits:**

- Connect with local, organic agriculture by supporting refugees and beginning farmers.
- Receive ultra-fresh, delicious, and seasonally harvested produce.
- Improve your health by incorporating more fresh produce into your diet.
- Learn about new vegetables and cooking techniques.
- Get kids excited to eat vegetables from "their" farm.
- **Our CSA offers additional choice!**
  - A half share option for couples and smaller families.
  - Up to two weeks of vacation credit for boxes you can't pick up.
  - Option to purchase additional veggies such as tomatoes and potatoes in bulk for processing and/or storing.
  - A trade box which allows members to trade with each other to get more of their particular favorites.

## 2011 Membership Form

- 1) **Choose half or full season**
- Entire season:** Week of **May 23-Nov. 28**
  - Summer only:** Week of **May 23-Aug. 22**
  - Fall only:** Week of **Aug. 29-Nov. 28**

2) **Choose the share size**

**Full Share** (*feeds 4*)

- Summer: \$425**
- Fall: \$425**
- Entire Season: \$800** (*\$50 savings*)

**Half Share** (*feeds 2-3 people*)

- Summer: \$325**
- Fall: \$325**
- Entire Season: \$625** (*\$25 savings*)

3) **Choose the pick-up site**

- Mondays, MCNW (4:30-6 pm)**
- Thursdays, Warehouse Café (4:30-6 pm)**

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Email** \_\_\_\_\_

**\*Signature** \_\_\_\_\_

\*Membership fees are **non-refundable**, but boxes may be transferred to friends or family. Half year shareholders may opt-out of **one** box; season-long shareholders may opt-out of **two** boxes (*requires notice two weeks prior to the date*). Opting-out guarantees a credit equal to the missed box value, usable at our farmers market stand or for bulk veggie purchases. Credits good for 2011 use only. Produce will vary by season and weather conditions.

Make checks payable to **Grow Portland**. Mail checks with completed form to:

**Grow Portland,**  
**4065 N. Mississippi Ave. #3**  
**Portland, OR 97227**